
EDWARD A. STERN, BSN RN

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SUMMARY OF QUALIFICATIONS

- Registered Nurse (RN), with 15+ years of clinical experience in behavioral health, emergency medicine, ambulatory and inpatient care, critical care, interventional radiology, and recovery.
- Volunteer co-host and segment producer of an LGBTQ+ focused broadcast radio program that has been on the air for more than 11 years covering diverse topics LGBTQ+ topics related to medicine, mental wellness pop-culture.
- Six years of experience working with at risk adolescent youth in foster care and independent living.
- More than 14 years as Adjunct Faculty, in Emergency Medical Services and Nursing.
- 25 years of leadership, business process development, and operations management.
- Broad knowledge of process improvement, training development and delivery, clinical informatics, systems integration, and product development.
- 11 years of EMT/Paramedic and disaster operations experience with fieldwork in urban and rural areas.

EDUCATION

WALDEN UNIVERSITY Online Campus
(Currently Enrolled) Master of Science in Nursing – Psychiatric Mental Health Nurse Practitioner

CHAMBERLAIN COLLEGE OF NURSING Online Campus
Bachelor of Science in Nursing

MARYMOUNT UNIVERSITY Arlington, Virginia
Associate of Applied Sciences, Nursing

DAVENPORT UNIVERSITY Grand Rapids, Michigan
Associate of Applied Sciences, Emergency Medical Services Management

PROFESSIONAL EXPERIENCE

POTOMAC PROGRAMS – Cabin John, Maryland December 2019 – Present
Psychiatric Wellness Nurse (Part-time)

Provide clinical and psychiatric care to youth from 14 to 24 in a partial hospitalization program (PHP). Role includes performing initial clinical assessment and recurring medical assessments for clients. Following the dialectical behavioral therapy (DBT) model design and facilitate weekly clinical groups focusing on the crossroads of medical care and therapeutic care for the clients. Group topics include gender affirming communication, developing sexual identity, personal hygiene, medication management, reproductive health, coping with medication side effects, etc. Act as the clinical bridge between clients, parents and the medical doctor for topics such as medication changes due to side effects, refills, and insurance authorizations. Provide clinical coordination between the medical doctor and the therapeutic team of all PHP clients. Provide one on one client counseling on prescribed medication, medication compliance, supporting medical needs, gender and sexual identity (as they pertain to the clinical criteria), and other topics when they involve clinical aspects of their care. Work with the team of counselors on other client care topics as they come up. Provide medical and medication assistance to the clients in the Intensive Outpatient Program (IOP), to assist the medical doctor and therapeutic staff maintain medication compliance for their clients.

MARYMOUNT UNIVERSITY – *Arlington, Virginia*

June 2019 – June 2020

Adjunct Faculty – BSN Nursing Program

Provide education to the Bachelor of Science in Nursing (BSN) and Accelerated BSN students in the skills and simulation labs. Offer lecture, demonstration, and skills validation through hands on classes and simulated high fidelity and low fidelity manikin practice. Skills range from basic entry level nursing skills to advanced clinical procedures.

VIRGINIA HOSPITAL CENTER – *Arlington, Virginia*

November 2018 – July 2019

Behavioral Health Staff Nurse 3

Assess and provide the daily needs of patients in an 18-bed locked adult (age 18+) behavioral health unit. Responsible for intake assessment of voluntary and involuntary admissions. Part of the therapeutic care team that assists patients, and their families, through the process of admission, stabilization, and discharge. Provide continuing therapeutic care in the form of individual conversation, group therapy, and medication management. Daily assessments of patients assure patient safety and provide the admitting physician with progress reports and care recommendations.

NORTHERN VIRGINIA COMMUNITY COLLEGE – *Springfield, Virginia* **September 2006 – December 2018**

Adjunct Faculty: Emergency Medical Services and Workforce Development

Provide didactic and clinical education to degree and certificate EMT/Paramedic, and Licensed Practical Nurse (LPN) students. Teach approved continuing education programs to Registered Nurses (RN), EMS personnel and students meeting pre-requisite requirements. Topics include emergency care and intervention, basic and advanced assessment, pathophysiology, emergency psychology, crisis intervention, addiction, EMS operations, critical care airway management, trauma care, ultrasound IV access, ACLS and PALS content, etc. Teach via lecture, practical skills stations and in the advanced simulation lab.

MEDICAL FACULTY ASSOCIATES – WASHINGTON, DC

August 2017 – November 2018

Clinical Informatics Nurse Manager

Lead the operational team of Informatics personnel for an 800+ primary and specialty ambulatory care practice. Responsible for developing and maintaining training, and workflow solutions that help the practice meet Federal MIPS and MACRA CMS guidelines as well as various quality measures. Assure compliance of care and practice standards in three Boards of Medicine, Pharmacy and Nursing jurisdictions. Implement and deliver on SMART goals. Design blended self-paced and classroom solutions. Lead the data validation, mapping, and conversion team. Deliver new technology and procedures that enable faster response to client training and information needs. Work with executive leadership to develop and deliver new metrics for success for medical records and patient care needs tracked through the Allscripts Touchworks EHR.

FAIRFAX COUNTY FIRE RESCUE DEPARTMENT – *Fairfax, Virginia*

October 2016 – August 2017

Clinical Educator

Responsible for the continuing education of more than 1600 paid Emergency Response EMTs and Paramedics. Developed and delivered educational programs that exceed national and state continuing education requirements. Responsible for in-person and blended distribution learning programs. Education topics included; emergency care, trauma, medical, psychiatric, professional behaviors, addiction, crisis management, and self-health. Develop video, audio, and static presentations as part of the blended learning model. Conceptualized, and developed content for, as well as performed as voice talent, and edited the EMSCEP Radio Podcast that delivers timely EMS education and information to all county EMS personnel. EMSCEP Radio greatly exceeded distribution goals with an audience in 18 countries.

HCA STONE SPRINGS HOSPITAL – *Dulles, Virginia*

November 2015 – October 2016

Administrative Nursing Supervisor

Assisted with the opening of this new state of the art 126-bed community hospital. Reported directly to the Chief Nursing Officer, the role included development and review of clinical workflows, best practice policy development, and staff education. Daily operational responsibilities included; staffing for all nursing units, managing safe patient care ratios, oversight of all patient bed admissions, just-in-time and scheduled staff education in adult and pediatric care, skills validation, surgical schedule posting, the safe transition of care to other levels and services, and coordination of care for Interventional Radiology and Surgical

patients. Regularly provide direct patient care in the Emergency Department during times of surge, or due to staffing resource limits and on-call RN for Interventional Radiology. Responsible for meeting various core measures and corporate metrics. Used process improvement techniques to decrease door to OR times, and ED to floor times, while assuring safe outcomes for all patients and staff satisfaction. Managed and resolved personnel issues as needed throughout the hospital, in the absence of individual department leadership.

KAISER PERMANENTE – Mid-Atlantic Region and National

November 2010 – November 2015

Kaiser Permanente Clinical Operations Manager, Surgical Specialties – March 2015 to November 2015

Managed the daily business and clinical operations of five surgical specialty ambulatory care units. Lead 25 union represented licensed and unlicensed personnel with Doctorate to high school level education. Clinical specialty services included Otolaryngology (ENT), Audiology, and Urology in medical office buildings throughout the NOVA area of the Mid-Atlantic Region. Responsible for daily staffing, quality care measures, operational goals, and budgets. Exceeded NCQA quality measures, service, and employee satisfaction goals. Managed staff growth and development, through coaching and by meeting staff training needs, interdepartmental communications and community development. Supported two Unit Based Team (UBT) activities for Levels 4 and 5 teams.

Kaiser Permanente Solutions Consultant, Lead, Telehealth CD-BIO – October 2014 to March 2015

Tasked to provide clinical, operational and technology consulting services to Kaiser Permanente nationwide to integrate Telehealth Services into patient care programs. Provided clinical and operational expertise for the newly developed “tele-stroke”, “tele-psych”, and wound care programs in multiple regions. Lead the multi-region roll out of the internally developed "Integrated Video Visits (IVV)" program in Colorado, Mid-Atlantic, and Georgia Regions designed to provide scheduled and same time virtual office visits. Validated business use cases, clinical and business operational, and workflows. Planned the technical implementation of the technology into HealthConnect (Epic EHR) and the MyChart interface on the patient portal. Additional duties included developing staff for telephone software support and acting as the clinical advisor to the team.

Kaiser Permanente Clinical Operations Manager, Surgical Specialties – May 2012 to October 2014

Managed the daily business and clinical operations of 6 surgical specialty ambulatory care units. Lead more than 20 union-represented staff, consisting of Advanced Practice Nurse, Registered Nurses, and unlicensed support staff. The diverse team provided services to patients and surgeons for Orthopedics, Podiatry, General Surgery, Plastic Surgery, Wound Care, and Otolaryngology (ENT) departments in multiple locations in the NOVA area of the Mid-Atlantic region. Responsible for daily staffing, quality care measures, operational goals, and budgets. Exceeded goals annually and quarterly in employee and patient satisfaction. Managed staff growth and development, through coaching and by meeting staff training needs, interdepartmental communications and community development. Management representative to more than 300 employees in the corporate wellness program.

Kaiser Permanente Critical Care Nurse – November 2010 to May 2012

Provided and coordinated the medical care of patients in the first Clinical Decision Unit for the Mid-Atlantic region. Managed the extended care of patients while they were treated in a stand-alone Emergency Department like setting and a 23-hour observation unit. Interim Lead Nurse during the four-month start-up stage of the department. Member of the Critical Event Team Training (CETT) Faculty that used high fidelity simulation equipment throughout the Mid-Atlantic Region to provide training and preparation for critical events. Assisted the Regional IT staff to improve the clinical workflow and utilization of the Epic software product. Participated in the review, redesign and contract selection of the regional ambulance service providers to assure rapid and high-quality medical transportation to and from Kaiser facilities and Kaiser contract facilities.

INOVA FAIRFAX HOSPITAL – Falls Church, Virginia

July 2009 – March 2011

Trauma Nurse Specialist (RN-5)

Clinical Nurse, Preceptor, Mentor and Educator in a 43 bed and 20 hall stretcher Level One Trauma and Regional Referral Center. Responsibilities included direct patient care of critical medical and trauma patients in the Emergency Department as well as act as the real-time clinical skills and knowledge resource

for the unit throughout the shift. Act as Educator/Faculty for the innovative Trauma Nurse Fellowship program, developing and conducting diverse trauma physiology, crisis management, patient care, risk management and legal documentation lectures as well as teach clinical skills classes. Operated as a Communications Center Nurse, managing all communications and clinical consults with EMS patients and transfers from other emergency care facilities. Facilitated transfer and intake of behavioral health units. Functioned as North Team Lead (Charge) Nurse. Technical and teaching resource for the Picis ED charting application. Teach ACLS, PALS, and ATCN classes as needed.

FLEXRN STAFFING – Woodbridge, Virginia
Clinical Nurse (Per-Diem and Contract)

August 2004 – July 2009

Clinical Nurse and Preceptor in numerous Emergency Departments and behavioral health facilities, throughout the Washington DC Metropolitan area and other locations throughout the United States. Facilities range in size from eight-bed stand-alone Emergency Departments, to level one shock-trauma centers with a capacity of 70 beds in dense urban centers.

SOUTHERN MARYLAND HOSPITAL – CLINTON MD

January 2009 – March 2009

Emergency Department Clinical Manager

Lead the clinical and education process for the clinical nursing and support staff in the department. Supervising shift leader. Managed the daily patient care initiatives and staffing resource assignments. Built a QA control and review process. Managed the statistical analysis for Core Measures management.

CERTIFICATIONS AND LICENSES

- Registered Nurse (RN) License
 - Commonwealth of Virginia (Original and Compact State Eligible)
 - District of Columbia, California, and Oregon
- AHA Advanced Cardiac Life Support (ACLS)
- AHA Pediatric Advanced Life Support (PALS)
- AHA Basic Life Support (BLS)
- Advanced Trauma Care for Nurses (ATCN) Instructor
- Certified Hypnotherapist
- Certified Laughter Coach (Professional Coaching)
- Certified Laughter Yoga Leader
- Former Emergency Medical Technician – Basic; Commonwealth of Virginia
- Former Paramedic (1986 – 1992) and EMT-A (1980 – 1986)
- Former National Association for Search and Rescue Instructor Trainer (1982 – 1990)

VOLUNTEER AFFILIATIONS

- Co-Host and Producer – WPFW FM Public Radio; Inside Out LGBTQ Collective 2018-Present
- President – Fairfax County Foster Care and Adoption Association 2018
- Sigma Theta Tau – Nursing Honors Society
- Northern Virginia Community College – EMS Program Advisory Board 2014 - Present
- American Heart Association, Training Center Faculty 2010-2012
- Emergency Nurses Association
 - President, Northern Virginia Chapter 2012
 - National Task Force Member for Online Education 2006 - 2007
 - National Faculty, Annual Conference 2006
- Society of Trauma Nurses 2011-2015
- Co-Chair CCHIT (Certification Commission for Healthcare Information Technology), Cardiovascular Expert Panel 2007
- Member Board of Directors for CARING: An International Nursing Informatics Organization 2007-2008